



Hoh Indian Tribe Newsletter February 2017



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**"Let us put our minds
together and see what life
we can make for our
children" –Sitting Bull**

Introduction

Welcome to the Chalá-at Nation News! We are excited about bringing you this circular. In our effort to meet our Strategic Goals and Vision of establishing a dynamic, innovative and proactive tribal leadership exercising its sovereignty in ways that are effective, efficient, visible utilizing leading edge technology guided by our tribal citizens we will use our newsletter to inform, educate and update our citizenry. Whether you are a Tribal citizen, youth, elder, business or neighboring community you can look forward to useful practical information and a little fun too.

The Chalá-at Nation is striving to create a successful newsletter, making it easy for our audiences to read and understand. If you have any feedback or suggestions, please email them to webadmin@hohtribe-nsn.org.

Message from the Executive Director

Happy New Year! January has come and gone – time flies and it's February already. There is a lot happening here at the Hoh – Visits with State Legislatures, meetings in Olympia and DC. All of our Department Heads are working to meet the objectives of our 2016-2018 Strategic Plan. HTBC conducted its annual Governance Training in January and updated the plan. We are working on ordinances for Enrollment, Tobacco, Marijuana and Liquor. Look for these updates soon. We are busy applying for grants to increase our services and infrastructure.

Make sure you check out the Hoh Tribe Facebook page as updates are often posted there. In December Staff met and developed New Year's Resolutions, this year staff is focusing on Communication, Consistency, Teamwork and Motivation. We hope that you enjoy the newsletter and look forward to your feedback.

Recipe of the month: Six Can Chicken Tortilla Soup



Delicious and EASY zesty soup recipe that uses only 6 canned ingredients! Serve over tortilla chips, and top with shredded Cheddar cheese. Throw away the cans and no one will know that it is not from scratch!

- 1 (15 ounce) can whole kernel corn, drained
- 2 (14.5 ounce) cans chicken broth
- 1 (10 ounce) can chunk chicken
- 1 (15 ounce) can black beans
- 1 (10 ounce) can diced tomatoes with green chile peppers, drained

Open the cans of corn, chicken broth, chunk chicken, black beans, and diced tomatoes with green chilies. Pour everything into a large saucepan or stock pot. Simmer over medium heat until chicken is heated through.

- Prep: 5 minutes
- Cook: 15 minutes
- Ready in: 20 minutes

Words of the month

- [hah-ch chee-EH]
"Good morning"
- [hah-ch toe-CHOKE-tee-yuh]
"Good afternoon"
- [hah-ch uh-WAY]
"Good night!"

a (as in father or bath) á-lita fish	b (as in boy) há-yah raven	ch (as in church) chibó-d fishhook	ch (as in church) chó'cho' swamp	d di'á-di' beaver
h híhhib grape	i (as in "pie" when spelled with "i") háksi silver salmon	k kadi-do dog	k (explosive k) ki-kít elk	k'w (as in "quick") k'ash'ash blue jay
k'w (explosive k'w) k'a-ya water	k' (back k) há-liyit paddle	k' (explosive back k) k'ítsa berry	k'w (explosive back k'w) k'á'á' three	k'w (explosive k'w) k'ákspat fishbowl
l liyá't otter	t tá'w two	o'ó'lit mouth	ppá'kad skatefish	p' (explosive p) pi'cha leaf
s sáts king salmon	sh shi-pa black	t tá'tié grave	f (explosive f) fabi'l river canoe	tl' (as in "till") tkón'a-li fishhook
ft' (explosive ft') ftá'yá't chair	ts (as in "toss") tsi-xá waterfall	fs (explosive fs) fsihá-ti land	w wít one	x (back x) xá'lit knife
x'w (grounded x) x'ó'ó'dis hide, skin	x' (pronounced as back of mouth) xi'í'd bee	x'w (grounded x) xátsá't to wash	y yá'wa snail	? (stop pipe of air, called a glottal stop) p'a'á'sayat meat
a (as in affix) x'áda-sh bug, insect	other information- A dot after i, á, á, or o means that the vowel is held longer than other vowels. accents (" and ") are used to show where stress falls in Qallieche words, since this is not predictable.			g (as in "giant") há'ga'yu' occurs only in Qallieche words

February Word Search



U M C P I N K H Q P V W
 V J U Q H R S G K A J P
 V J P P Z E P E L E T F
 K P I H S D N E I R F S
 R S D O N I N T A O E R
 Y N R V M T E E Y M C O
 E O D E I E H R D A A M
 N B B N W T J D N R L A
 O B E S E O D D A R L N
 H I R E T A L O C O H C
 A R W M C E Y F V W J E
 N S A Y S T E E W S S P

ARROW
 BE MINE
 CANDLES
 CANDY
 CHOCOLATE
 CUPID
 FLOWERS

FRIENDSHIP
 HEART
 HONEY
 LACE
 LOVE
 PINK
 RED

RIBBONS
 ROMANCE
 ROSES
 SWEETHEART
 SWEETIE
 SWEETS
 VALENTINE

Winter Driving Guide: Tips to Survive the Snow and Ice

News flash: Global warming doesn't necessarily mean we'll all be living in the tropics within five years. Indeed, intense winter snow and ice storms seem to be hitting all over the country more frequently than ever before. Are you and your car fully prepared? Here are a few things to think about.

- **How to Drive:** Winter driving isn't as hard as people think it is. It just takes a little more concentration and awareness. Drive like you're tiptoeing on ice, because you might be. Use small, slow motions. Ease on the brakes, drive like there's an egg under the accelerator, and if you start to skid, steer in the direction you want to go and keep steady, light pressure on the gas. If you're skidding sideways, the brake is not the pedal to press. It will just make things worse. When you brake in a straight line and the pedal starts pulsing or chattering, don't release pressure. Keep your foot in it. That noise means the anti-lock brakes are working. Most important, slow down. Don't leave the house unless necessary. Keep your head on a swivel, drive defensively.
- **Proper Warm-Up:** Plenty of people claim that letting the engine warm up any longer than it takes for the oil-pressure gauge to register is wasting gas. But a fully warmed engine is a more efficient engine. Besides, taking off in a car that hasn't warmed properly, hasn't had the windows cleared of ice or snow, and is still freezing cold inside is dangerous at worst, no fun at best.
- **Winter Tires:** Readers from less snowy areas might think of winter tires as those big knobby-lugged "mud and snow" tires on the rear wheels of two-wheel-drive Ford F-150s used for possum chasing on dirt roads. But if you move up north to, say, Detroit, you promptly learn that snow tires, by golly, are amazing. Bolt up a set of Bridgestone Blizzaks or Michelin X-Ices, and suddenly your car can actually go and possibly even stop in slippery conditions. Just be sure to take them off when the weather warms up—45 degrees is a good rule of thumb—because the soft rubber compounds used in winter tires wear out more quickly on dry pavement. Even if you don't have winter rubber, at least remember that tread, and quite a bit of it, is a good thing. And if you drop the air pressure to 5 psi to get out of a snow bank, remember to fill the tires back up.
- **Emergency Kits:** Yes, we know, the preaching your local TV weatherperson does about how you should always carry an emergency kit is sort of like your mom insisting you not leave the house with wet hair. But, really, it's a good idea. The ideal cold-weather crisis kit consists of a thermal blanket, ten bucks in cash and two in change, a charged-up flashlight with batteries (or one of those crank-'em-up flashlights with the LED bulbs), an extra ice scraper, a five-pound bag of cheap clay cat litter (to throw under your tires when you get stuck), a small shovel, a charged-up battery booster with an extra cell-phone car-charger cable, one of those little sets of jumper cables that come in a pouch, a couple of pairs of warm gloves, a warm hat, an extra flannel sweatshirt with a hood, some paper towels, a can of aerosol spare-tire filler, a few packs of chemical hand warmers like HotHands.

February Event Dates

- The Caring Place Banquet and Auction
@ Assembly of God Church
- TAX-AIDE Time @ Forks City Hall
- Clothing Giveaway @ Hoh
- West End Emergency Management Meeting
@ Hoh Village Gymnasium
- Customer Appreciation Day @ First Federal
- Valentine's Dinner and Not-So-Newlywed
Game @ Forks Elks Lodge
- 44363 Memorial (20th Anniversary) @ U.S.
Coast Guard Station Quillayute River
- The Bogachiel Garden Club Meetings
@ Forks Community Center
- TAX-AIDE Time @ Forks City Hall
- Music For A Cure: Supporting Leukemia &
Lymphoma Society @ Forks Congregational Church
- Prime Rib Dinner by Forks Emblem Club
- Per-Cap Distribution
#488 @ Forks Elks Lodge
- Free Entrance Days @ Olympic National Park
- Presidents Day
- Forks History and More @ Rainforest Arts Center

Feb 3

Feb 4

Feb 8

Feb 9

Feb 10

Feb 11

Feb 12

Feb 15

Feb 18

Feb 18

Feb 18

Feb 20

Feb 20

Feb 21

FEBRUARY 2017

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH 2017

S	M	T	W	T	F	S
			1	2	3	4
	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

APRIL 2017

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	



Julia Guzman Afterbuffalo	2/2	Derek J. Benally Jr.	2/18
Lorenzo Daniel Washington	2/2	Justin Fowler	2/18
Loretta Hudson	2/7	Laila Fisher	2/19
Karen Sailto	2/8	Walter Ward-Bos	2/20
Ofelia Lobatos	2/9	Ruby Sheriff	2/21
Vincent Jackson	2/10	William Hatch Jr.	2/21
Mitchell Ward	2/11	Kylie Kimble	2/23
Catherine Edwards	2/12	Alyna Centeno	2/24
Joel Ward	2/12	Monty Arthur	2/24
Joe Gilbertson	2/14	Heidi Almaden	2/25
Jonette De La Cruz	2/15	James Snell	2/25
Delton Mason Sr.	2/17		



February 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 *The Caring Place Banquet and Auction	4 *TAX-AIDE @ Forks City Hall
5	6	7	8 *Clothing Giveaway on Hoh Reservation 10AM-2PM	9 * West End Emergency Management Meeting	10 *Customer Appreciation Day @ First Federal	11 *Valentine's Dinner and Not-So-Newlywed Game @ Forks Elks Lodge
12 *44363 Memorial (20th Anniversary) @ U.S Coast Guard	13	14 *Valentine's Day	15 *The Bogachiel Garden Club Mtgs @ Forks Community Center	16	17	18 *TAX-AIDE @ Forks City Hall *Per Cap Distribution *Music for Cure
19	20 *Presidents Day * Free Entrance Days @ Olympic National Park	21 * Forks History and More @ Rainforest Arts Center	22	23	24	25
26	27	28				

Tribal Services

Food Bank hours are Monday- Friday from 9:00AM- 2:00PM. Please contact Latoya Hudson with any questions (360)-374- 4284

LIHEAP for assistance please call Tara Sexton (360)-374-5037

Housing for requests, questions or assistance please contact Kylie Kimble (360)-374-4281

Family Services for questions or assistance please call Tara Sexton (360)-374-5037

Library hours are Monday- Thursday 2:00PM-7:00PM the first and third week of February and Monday-Friday 3:00PM-7:00PM second and fourth week of February. For questions call Sharon Millett at (360)-374-5288.

Childcare contact Leslie Ashue (360)-374-6582.

Higher Education contact Tara Sexton (360)-374-5037.

Accounting requests, questions and assistance please contact Latoya Hudson (360)374-4284.

Medical Transportation is available 48 prior to your appointment. Please contact Dawn Gomez for more information (360) 374-4280.

Hoh Tribal Business Committee

Chairwoman: Maria S. Lopez

Vice-chair: Melvinjohn Ashue

Secretary: Lisa Martinez

Treasurer: Rosetta Hernandez

Council Member: Derek Benally

Council Member: Enrique Barragan

Council Member: Bobbyjoe Ashue



In the future, HTBC will use this section to update our audience of any resolutions passed in the previous month. HTBC will begin using this section in March, 2017.