



Hoh Indian Tribe Newsletter March 2017



Inside This Issue

- 1 Message from Natural Resource
- 2 Recipe of the Month
- 2 Words of the Month
- 3 Children's Crossword Puzzle
- 4 Tips for Spring Cleaning
- 5 Upcoming Events
- 6 Birthday List
- 7 Visual Calendar
- 8 Tribal Services
- 8 Hoh Tribal Business Committee

"The tragedy of life is not death but what we let die inside of us while we live"

—Norman Cousins

Natural Resources Current Projects

1.) Upper Road Hoh River Road Bank Stabilization Project:

The Department of Natural Resources of the Hoh Tribe is actively involved in the Upper Hoh River Road Bank Stabilization Project. Other entities involved in the projects include, Federal Highway Administration (FHWA)/Western Federal Lands Highway Division (WFLHD), Hoh River Trust, Jefferson County, Washington Department of Fish and Wildlife (WDFW), and US Army Corps of Engineers. The preferred alternative of the Upper Hoh River Road bank stabilization project being considered is using Engineering Log Jams (ELJs) with Dolosse to protect road and enhance fish habitat in the area. This project will be constructed in year 2018.

2.) Chalaat Creek Hatchery:

Hoh Tribe has currently secured funding from the Bureau of Indian Affairs (BIA) to deal with several health, safety, and security issue for the Chalaat Creek Hatchery project. The funding will provide the following items for the hatchery:

- 1- A fixed diesel power generator.
- 2- An alarm system that monitors water levels and electrical interruptions. A formalin automated pump delivery system.
- 3- Construction: replacement of aging hatchery incubation room and its storage component with a new single combined facility. Construction activities include: demolition, site preparation, concrete foundation, building materials, electrical and plumbing, and labor and equipment.

Recipe of the month: Corned Beef and Cabbage



What's more fitting in March than a traditional recipe for corned beef and cabbage? Serve with mustard or horseradish if desired.

- 3 pounds corned beef brisket with spice packet
- 10 small red potatoes
- 5 carrots, peeled and cut into 3-inch pieces
- 1 large head cabbage, cut into small wedges

Place corned beef in large pot or Dutch oven and cover with water. Add the spice packet that came with the corned beef. Cover pot and bring to a boil, then reduce to a simmer. Simmer approximately 50 minutes per pound or until tender.

Add whole potatoes and carrots, and cook until the vegetables are almost tender. Add cabbage and cook for 15 more minutes. Remove meat and let rest 15 minutes.

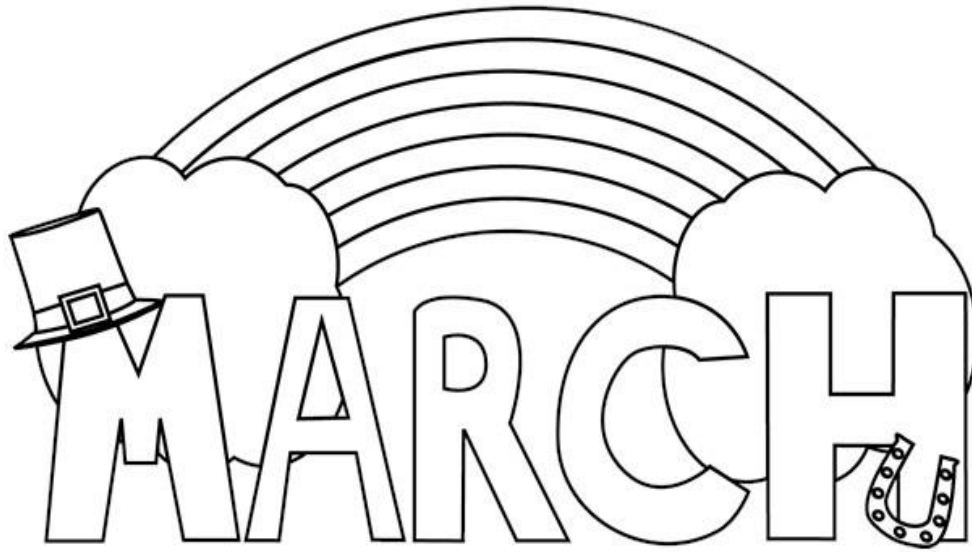
Place vegetables in a bowl and cover. Add as much broth (cooking liquid reserved in the Dutch oven or large pot) as you want. Slice meat across the grain.

- Prep: 10 minutes
- Cook: 2 hours and 30 minutes
- Ready in: 2 hours and 40 minutes

Words of the month

- [uh-YAH-so-CHUD]
"How are you" –Said to a man
- [uh-YAH-so-CHID]
"How are you" –Said to a woman
- [HAH-ch-lee Ho]
"I'm good/well"
- [HATE-kwoh-lee]
"I'm sick"

a (as in father or but) fish ʔá-lita	b raven há-yah	ch (as in church) fishhook ʃ chibó-d	ch (explosive ch) wren chó'cho?	d di'á-di? beaver
h hibhib grass	i (as in "pig" when pronounced as in "see" when not) silver salmon hí-ak-si	K Kadí-do dog	K (explosive K) elk kí-kít	K (as in "quick") blue jay K'ashk'ash
k (explosive K) k'á-ya water	k (soft K) paddle ká-li-yit	K (explosive K) berry kít-sa	k (soft K) three h'á-pí	K (explosive K) fishhook k'á-kí-spat
Q liyá-t otter	tá'w two	o'ó-lit mouth	ppá-k'ad skatefish	p (explosive p) pi'cha eye
s king salmon sá-ts	sh (shí-pa) black	t tá-tíé grave	f (explosive f) river canoe fabi-l	tl (explosive t) Quileute fishhook ttoh'á-li
tl (explosive tl) chair ttá'yal	ts (explosive ts) waterfall tsi-xá	fs (explosive fs) land tsihá-ti	w wí-t one	x (explosive x) knife xá'pit
x (explosive x) hide skin xoh'ó-dis	x (ch pronounced at back of mouth) bee xi'í-d	x (rounded) to wash xá-tsít	y yá'wa snake	? (explosive ?) occurs only in Quileute medal 'á'á-sayát
a (as in affix) bug xá-da-sh	other information- A dot after i, á, á, or o means that the vowel is held longer than other vowels. accents (" and ') are used to show where stress falls in Quileute words, since this is not possible.			g (as in "go") occurs only in Quileute há-pa'í



S F N U S R P R S F Z R A R J
L T Z U U P C I A R G Q S G M
D Y P K A T R T G C W F H Y F
A G K A E H T I O R M B W S X
P D H O T U C S N A T K E A K
O Z O W E R E E S G W G D R K
Q V S S J K I K R X X N N G N
Y N D R A B S C K P C D E I L
F A C C H C L G K Q E X S D P
Y O N S D R I B E S D L D R A
Q A W F S D Y K Y F D U A A R
P Y D L W R O O I X B A Y M A
E G N A H C E M I T U Z Y O D
Q M V N Q F M A Y A K T M O E
Q S S H A M R O C K Z E P Q B

WORD SEARCH

- ASH WEDNESDAY
- LEPRECHAUN
- PANCAKES
- SPRING
- BIRDS
- MARDI GRAS
- PARADE
- ST. PATRICKS DAY
- FAT TUESDAY
- MASKS
- SHAMROCK
- TIME CHANGE

7 Spring Cleaning Tips

If Spring is in the air, don't let a musty house spoil it. Here are seven tips for giving the season the welcome it deserves!



1. The best refrigerator cleaner is a combination of salt and soda water. The bubbling action of the soda water combines with the abrasive texture of the salt to make a great cleaner.
2. The best way to get rid of lime buildup around the faucet it is to lay paper towels over the fixture, soak it with vinegar and let it set for an hour. The deposits will soften and become easier to remove.
3. Clean screens with a scrap of carpeting. It makes a powerful brush that removes all the dirt.
4. Clean windows with a rag and soapy water, and then dry them with another rag. You can also go to an auto-parts store and buy a windshield squeegee, which cleans very well.
5. If drapes are looking drab, take them out of the window, remove the hooks and run them through the air-fluff cycle in the dryer along with a wet towel (to draw off the dust) for 15 minutes. Hang them back in the windows immediately.
6. Clean the blades of a ceiling fan by covering them with a coat of furniture polish. Wipe off the excess and lightly buff.
7. Sometimes comforters, blankets and pillows don't need to be cleaned, but they do need to be aired out after a long winter in your closed-up home. Take them outside and hang them on a clothesline for a day.

March Local Event Dates

- Drug, Crime and Society Training
@ Hoh Tribal Center
- TAX-AIDE Time @ Forks City Hall
- Tuesday Night Bingo @ Forks Elks Lodge
- PAWS to Read @ Forks Branch Library 2-3PM
- Day Light Saving
- Tuesday Night Bingo @ Forks Elks Lodge
- The Bogachiel Garden Club Meeting
- St. Patrick's Day
- 2017 Quillayute Valley Scholarship Auction
@ Forks High School Commons
- Per capita distribution
- Prime Rib Dinner by Forks Emblem Club
#488 @ Forks Elk Lodge \$20.00+
- Forks History and More @ RAC 11AM-12:30PM
- Tuesday Night Bingo @ Forks Elks Lodge
- Nate Crippen Memorial Basketball Tournament
@ Forks High School
- 10th Annual Welcoming the Whales Ceremony
@ Forks Beach, La Push 10:00AM

March 2

March 4

March 7

March 8

March 12

March 14

March 15

March 17

March 18-19

March 18

March 18

March 21

March 21

March 24-26

March 31

FEBRUARY 2017

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH 2017

S	M	T	W	T	F	S
			1	2	3	4
	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL 2017

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Enrollment/ Tribal ID's

The Hoh Tribe's enrollment team will be designating one full day each month to print out tribal ID's and answer enrollment related questions. When this date is determined, we will post it on the Hoh Tribe Facebook page. Please keep your eyes out for this date to be posted online.



Michael Sampson	3/3	Lanette Sansom	3/24
Johnny Leitka	3/18	Ruben Hernandez	3/26
Dawn Gomez	3/22	Samantha Mason	3/28
Tanya Ward	3/23	Andrew Mason	3/31

**In the future, if you or your child would like your birthday included on the list, please call 360 374 4281.*



March 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		* Tuesday Night Bingo @ Forks Elks Lodge	1	2 *Drug, Crime and Society Training @ Hoh Tribal Center	3	4 *Tax AIDE
5	6	*Tuesday Night Bingo @ Forks Elks Lodge	8 * PAWS to Read @ Forks Branch Library 2-3PM	9	10	11
12 *Daylight Saving	13	14 * Tuesday Night Bingo @ Forks Elks Lodge	15 *Bogachiel Garden Club Meeting	16	17 *St. Patrick's Day	18 *Scholarship Auction @ Forks HS
19 *Scholarship Auction @ Forks HS	20	21 *Tuesday Night Bingo @ Forks Elks Lodge	22	23	24 *Nate Crippen Basketball Tournament	25 *Nate Crippen Basketball Tournament
26 *Nate Crippen Basketball Tournament	27	28 *Tuesday Night Bingo @ Forks Elks Lodge	29	30	31 *Welcoming the Whales Ceremony in LaPush	

Tribal Services

Food Bank hours are Monday- Friday from 9:00AM- 2:00PM. Please contact Latoya Hudson with any questions (360)-374- 4284

Housing for requests, questions or assistance please contact Kylie Kimble (360)-374-4281

LIHEAP, Childcare, and Higher Education for assistance please call Tara Sexton (360)-374-5037

Accounting requests, questions and assistance please contact Latoya Hudson (360)374-4284.

Medical Transportation is available 48 prior to your appointment. Please contact Dawn Gomez for more information (360) 374-4280.

Library hours are Monday- Thursday 2:00PM-7:00PM the first and third week of February and Monday-Friday 3:00PM-7:00PM second and fourth week of February. For questions call Sharon Millett at (360)-374-5288.

HTBC related questions please contact Kristina Currie (360) 374-6502

Hoh Tribal Business Committee

Chairwoman: Maria S. Lopez

Vice-chair: Melvinjohn Ashue

Secretary: Lisa Martinez

Treasurer: Rosetta Hernandez

Council Member: Derek Benally

Council Member: Enrique Barragan

Council Member: Bobbyjoe Ashue



In the future, HTBC will use this section to update our audience of any resolutions passed in the previous month.